

## PE Subject Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>N</b>		Locomotion 1	Stability 1	Gymnastics – Parts High and Parts Low	Gymnastics – Travelling, Stopping and Making Shapes	Dance – Nursery Rhymes
<b>R</b>	Basic Gymnastics Skills 1	Basic Gymnastics Skills 2	Dance - Seasons	Dance - Circus	Fundamental Skills 1	Locomotion 2
<b>Year 1</b>	Gymnastics Skills 1	Gymnastics – Wide, narrow an curled rolling and balancing	Gymnastics – balancing and spinning on points and patches	Dance - Animals	Dance - Puppets	Dance - Toys
	Fundamental Movement Skills 2	Object Manipulation 2	Invasion Games Skills 1	Target Games 2	Net and Wall Game Skills 1	Striking and Fielding Games Skills 1
<b>Year 2</b>	Gymnastics Skills 2	Dance – dance around the world	Gymnastics - pathways straight, zip zag and curving	Dance – Under the Sea	Gymnastics – spinning, turning, twisting	Dance – Minibeasts
	Athletics 2	Fundamental skills 2	Invasion Skills 2	Target Games 3	Net and Wall Game Skills 2	Striking and Field Game Skills 2
<b>Year 3</b>	Gymnastics Skills 1	Gymnastics – linking movements	Dance - the Egyptians	Dance – Space	Cricket	Dodgeball
	Netball	Handball	Health related Fitness	Football	Swimming	Swimming

<b>Year 4</b>	Gymnastics Skills 2	Gymnastics – arching and bridges	Basketball	Tennis	Dance - Romans	Dance – Strictly Come Dancing
	Swimming	Swimming	Invasion Game Skills 3	OAA	Athletics	Rounders
<b>Year 5</b>	Netball	Handball	Gymnastics skills 1	Gymnastics - partner work – under and over	Cricket	Dodgeball
	Dance – Victorians and the industrial revolution	Dance – Through the ages	Swimming	Swimming	Health related fitness	Football
<b>Year 6</b>	Invasion Game Skills 4	Dance – films	Gymnastics - flight	Gymnastics – group sequencing	Athletics	Rounders
	Dance - WW2	Basketball	OAA	Tennis	Bike Right	Dance – The Haka